

THE EFFICIENCY OF GRADED READING IN LANGUAGE LEARNING PROCESS

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Abstract

The article illustrates the efficiency of extensive reading, focusing on its contributions to language proficiency development and stresses out the benefit of grader readers in the language learning process.

Keywords: extensive reading, graded readers, language proficiency, language skills, Uzbek graded books.

Among the most efficient way to enhance reading speed, increase vocabulary base and language proficiency as well as learners' attitude, self-motivation towards learning process is reading extensively at high numbers and suitable levels of understanding. According to the general fact, the range of vocabulary and the accuracy of grammar define linguistic proficiency when individuals perform a language in the real world situations and in spontaneous interaction that can be appropriate to the language of native speakers. Extensive reading is a truly helpful approach for the second language learners who are attempting to gain language competencies. The reason is that students have capability to choose reading materials regarding their level and interest, namely, they can be certain type of text they read for pleasure. Comparing to the intensive learning which means to read in detail with specific purpose and way, extensive reading is considered to be an alternative means of learning language. Graded readers are essential materials for extensive reading and readers can obtain the very plot of great novels, folklore, and tales in the language. They are particularly designed in order to enable learners for practicing reading skills and provide them opportunities to reinforce the vocabulary in the texts. With realizing how to function sentences grammatically correct, learners are able to learn new vocabulary, more importantly, they have a privilege to work with words in the discourse. Since the graded books conducts various number of collocations, compounds, idioms that are actually utilized in the real speech of people, learners can easily learn the vocabulary and use in their communication with others. Graded readers inspire students, assist them to gain reading fluency, extended vocabulary and become an expert at the grammatical terms.

Being known as one the main features of extensive reading, graded reading is a general term for most that means to read a large amount of text materials which can grab readers' interest and attention. Rather than learning the language in a simply way, the highlight is on allowing the learns to produce and comprehend proper spoken language and create interpersonal communication effectively. When it comes to reading a wide variety of things, this is a real chance for learners to build normal reading speed and enhance reading confidence. That means that whenever learners face with sudden strange vocabulary and perpetual unknown word, they feel confidently free with the context as they are used to working with the functions of words. Moreover, constant repetition of the words and structures permits learners to method them quicker, which leads to interpret the meaning without looking up the dictionary simultaneously. With this skill, the learner precisely achieves the capability to socialize naturally in the language studying. Recent studies reveal that extensive reading impacts the language proficiency and increase in reading rate. Another evidence for this study can be found that extensive reading results in increase vocabulary. Furthermore, other scientists and teachers report that extensive reading leads to increase in motivation, helps improve writing proficiency, and plays an important role in listening and writing skills development.

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In today's teaching process and literature graded readers are mostly produced for second language learners across the world. Despite the fact that many foreign students have preference for these sorts of books, one school of researchers note them as "books written for learners of English using limited lexis and syntax" [1]. For this statement, those researches probably want to say that readers can read the same short and easy version of the books but they have the same meaning whilst not the total. For the native speakers graded readers could not be a real enjoy in reading. However, personally I reckon that initial learners of the language do not have capacity to obtain and comprehend the language of the books totally. Whenever students read at their reading ability, they stand a better chance of developing their reading skills and fluency practically. Graded readers embrace limiting grammatical structures and vocabulary which are understandable to catch. It is vital that learners should be able to know what they are reading as well as enjoy, otherwise, reading process is likely to discourage them to read together with learn the language they want, if they confront with too many unfamiliar words. In graded readers new vocabulary and grammatical structures are intentionally repeated and recycled for learners so that they become familiar with them. For that reason, learners are recommended to read any material regarding their ability and skill, then their language skills progressively promote, in addition, they are encouraged to learn and read more. Apparently, during reading continuously, learners come across several new vocabularies, but they are sufficient to remember and recall them later in writing or speaking. By this, graded readers contribute to vocabulary development. Graded readers help learners with "gaining skills and fluency in reading, establishing previously learned vocabulary and grammar, learning new vocabulary and grammar" [3].

Reading significantly improves language ability and reading comprehension of learners. Learners by means that of graded readers expertise how structures and words function in texts. This experience at the same time motivates them to use vocabulary and grammatical structures in their communication. One amazing fact is that learners enhance their listening and speaking abilities through extensive reading. Learners not solely develop their vocabulary data which is one among the keys to language learning however, also conjointly enhance their writing, listening and speaking skills as a result of their, multiplied lexical knowledge.

Nowadays there are wide ranges of websites, companies that are providing the people with graded readers. They offer different kinds of books at a less demanding language level. They are also actually specialized for the second language learners or the people who are learning the language for their work, business, such as, businessmen, engineers, programmers, etc. Here are the examples of graded reader series: Cambridge Readers, Helbling Young Readers, Macmillan Guided Readers, Oxford Bookworms, Penguin Readers, Read Listen Learn, Richmond Readers, Scholastic Readers, e-future [4]. From the Internet it is not challenging to download any type of book in different level, in particular, equal the level of learner, whether it is beginner, elementary, pre-intermediate, intermediate, upper-intermediate. The readers, no matter, they can be children, teenager or adult, are capable to load any story, fairy-tale, novel depending their capacity of obtaining the information in them. For instance, anyone browses <http://www.macmillanenglish.com>, there they are to come across several variations of the book "Hamlet" by William Shakespeare, while the book varieties have been rewritten by other writers for the learner as its original version is precisely difficult for most. However, there the readers are likely to supply with the same meaning as the former one does.

In the Uzbek literature it is quite hard to find graded readers. Considering the benefits of them, it is extremely effectual for foreigners who have a desire to get by in the Uzbek language, to prepare extensive reading materials for the great novels, like "O'tkan kunlar" by Abdulla Qodiriy, "Kecha va Kunduz" by Cho'lpon and other outstanding works. Making them adjust to the level of readers (e.g. elementary, intermediate, upper-intermediate, advanced) quite important doubles its efficacy.

In brief, the effectiveness of extensive reading by graded readers has been incontestable in an exceedingly range of studies. In general, there is robust influence of extensive reading on language acquisition. It has been found in experimental and quasi-experimental studies that extensive reading brings about improvement in not only

reading rate, but motivation, attitude and enhancement in language skills (listening, writing, reading, and speaking). Learners who read extensively are vulnerable to create achievements in the overall language proficiency. Extensive reading develops vocabulary base which provides a chance for learners to promote writing, listening and speaking skill. Learners are at a plus to develop these skills if they have increased vocabulary knowledge. In addition, reading notably allows learners to encounter new words and structures. Multiple exposures to new words and structures enhance learners' language knowledge. As learners perceive better in the target language they develop positive attitudes and increased motivation towards language learning.

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